



Premier At Sawmill Athletic Club Pool Hours (03/03/2018 - 05/26/2018)

Indoor Monday - Thursday Hours: 5:30 am - 10:45 pm

Indoor Friday Hours: 5:30 am - 8:45 pm

Indoor Weekend Hours: 7:00 am - 8:45 pm

Visit our Website:

www.premieratsawmill.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 5:30 AM-8:00 AM	Open Swim 5:30 AM-8:00 AM	Open Swim 5:30 AM-9:00 AM	Open Swim 5:30 AM-8:00 AM	Open Swim 5:30 AM-9:00 AM	Open Swim 7:00 AM-9:00 AM	Open Swim 7:00 AM-9:30 AM
Water Aerobics Class 8:00 AM-11:00 AM	Water Aerobics Class 8:00 AM-10:30 AM	Water Aerobics Class 9:00 AM-11:00 AM	Water Aerobics Class 8:00 AM-10:15 AM	Water Aerobics Class 9:00 AM-10:00 AM	Water Aerobics Class 9:00 AM-10:00 AM	Water Aerobics Class 9:30 AM-10:30 AM
		Open Swim 11:00 AM-1:00 PM	Open Swim 10:15 AM-4:15 PM	Open Swim 10:00 AM-12:00 PM	Swim Lessons 10:00 AM-12:00 PM	Open Swim 10:30 AM-8:45 PM
Open Swim 11:00 AM - 1:00 PM	Swim Lessons	Water Aerobics Class 1:00 PM - 2:00 PM		Water Aerobics Class 12:00 PM-2:00 PM	Open Swim 12:00 PM-8:45 PM	
Water Aerobics Class 1:00 PM-2:00 PM	10:30 AM-2:00 PM	Open Swim 2:00 PM-4:00 PM		Open Swim 2:00 PM-8:45 PM	Indoor Pool Rules * No running, diving, dunking, or horseplay * Any child wearing a flotation aid must have a parent or guardian in water, within arms reach at all times. * Non-walking children may stay in the pool with parent or guardian during rest period. * Children 5 and under or non-swimmer must have a swimming parent or guardian in the water at all times. * Children 6-9 must be accompanied by a parent or guardian on deck or in the water. * Children 10-12 may swim unaccompanied by an adult if they have passed the swim test. * Children 0-15 must have a parent or guardian in the building and pool at all times. * All diaper changes must be made in our locker rooms.	
Open Swim 2:00 PM-4:00 PM	Open Swim	Water Aerobics Class 4:00 PM-5:00 PM				
Water Aerobics Class 4:00 PM-5:00 PM	2:00 PM-4:15 PM	Open Swim 5:00 PM-6:00 PM				
Open Swim 5:00 PM - 7:00 PM	Swim Lessons	Water Aerobics Class 6:00 PM-8:00 PM	Swim Lessons 4:15 PM-7:00 PM			
Water Aerobics Class 7:00 PM-8:00 PM	4:15 PM-7:00 PM	Open Swim 8:00 PM-10:45 PM	Water Aerobics Class 7:00 PM-8:00 PM			
Open Swim 8:00 PM-10:45 PM	7:00 PM-8:00 PM		Open Swim 8:00 PM-10:45 PM	Open Swim 8:00 PM-10:45 PM		
Scuba 7:00 PM-10:30 PM	Schedule is subject to change. Premier will do their best to notify changes as much in advance as possible.				All schedule classes - (Swim Lessons / Water Aerobics) have priority space. You will be limited to the open area.	